

*A Great Place to Live*



## **‘EVENTIDINGS’**

Issue No 024

AUTUMN 2020

### ***Welcome to the Autumn issue of ‘Eventidings’***

**We are now well into another year. I hope everyone had a safe and enjoyable break shared with family and friends over the festive season.**

We are proud to launch our Strategic Plan for the next four years. Our revised Mission statement sets the direction for all the Board’s actions and the actions and attitude of staff as they assist our residents each day. “Eventide Homes (Stawell) aspire to provide premium, stimulating and innovative lifestyle and choice”.

Eventide aims to deliver the best – care, accommodation, food, activities, with choices that interest and stimulate our residents to enjoy every day. From this mission statement we have developed three Key Strategies which will direct our actions over the years 2019 to 2023.

You can read further information regarding the Strategic Plan on page 3 of this newsletter.

We would like to encourage community groups to meet at Eventide Homes for some of their monthly meetings as would like to strengthen our connections to the local community, “Bringing us to the community, and the community to us”.

The proposed masterplan and redevelopment works present evolving ideas for the future of Eventide Homes and is now available for you all to view. We invite you to engage in the design process in order to help inform future decisions by visiting <https://e-b-d-pl.wixsite.com/eventide>

Earlier this month, we enjoyed a visit from Dan Tehan MP, our local Member for Wannon. Directors from the Eventide Homes Board of Governance held productive talks with Mr Tehan about our Master Plan Capital Works and the direction of aged care in our community.

Happy reading. I hope you all enjoy!

**Sue Blakey**  
**Chief Executive Officer**



*Right: Julie Dunn, Dan Tehan & Sue Blakey*

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## DIARY DATES

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### Thursday 12th March

Moyston Sheep Dog Trials  
To be confirmed with Grace

### Tuesday 17th March

Compton Sisters Entertainment  
2.00pm - Glyn Cashin Hall

### Tuesday 17th March

St. Patrick's Day Celebrations  
2.00pm - Glyn Cashin Hall

### Tuesday 24th March

Art Class  
2.00pm - Glyn Cashin Hall

### Thursday 9th April

Easter Activities  
2.00pm - Glyn Cashin Hall

### Saturday 25th April

Anzac Day

### 18th - 24th May

National Volunteers Week

## *What's happening around the traps'*

Christmas festivities seem a distant memory - we once again participated in the Christmas Street Parade. A banner made from Intergenerational visits from local schools decorated with both residents and children's handprints proudly led our procession. A fun community event followed by Candles by Candlelight was enjoyed by attending residents, staff and volunteers.

Activities have resumed for 2020. Residents were thrilled for Art Classes to commence this week, thanks to volunteers from the Pomonal Mixed Art Group, who coordinate these much anticipated classes. Residents were happy to be out and about recently enjoying a picnic lunch at the Stawell Races and cheering on their favourite horses especially in Race 2 which was sponsored by Eventide Homes. A great day out!

Elegant new Bedspreads have arrived to compliment the décor in our hostel. Retirement Village residents are soon going to be able to enjoy the benefits of a lovely shaded verandah that is currently being constructed on our O'Regan Street cottages.



#### *Meet Rusty!*

*We are currently trialling a residential dog here at Eventide Homes.*

*This handsome boy's name is Rusty and he is a Jack Russell x Fox Terrier.*

*When Rusty is not out being walked, patted, or providing company he will live in a lovely shaded area adjoining our residential facility.*

We welcome Enrolled Nurses Wadood Rehman, Raman Otal and Reema Dadwal. Personal Care Workers Daniela Hall, Ebony Johnson, Ann Kloufetos, Jorja Folkes, Kelly Lendrum Sheiles, Rebecca Rook, Shirley Jansen Van Fuuren and Shaquille Thurau. Food Services welcome Rody Ika. Goodbye to Rie Jay Calape, Rebecca Farrell, Margaret Black, Gwen Oelschlagel and Daniel Fraser.

# 'Strategic Plan Launch'

Eventide Homes are proud to launch our new Strategic Plan. Building a brighter future, which will drive our agenda for the next four years. We recently celebrated the launch of our new Strategic Plan. Board of Directors Chair Julie Dunn presented the new Strategic Plan and proposed Capital Works concepts to residents, staff, volunteers, and members of the community who attended the launch.

"We have undertaken a process of consultation with all stakeholders to seek views on what we should be working towards as an organization and what we need to do in order to achieve our vision. Staff, Residents and their family members have completed surveys, and feedback on the issue has been sought at resident's meetings" Chair Julie Dunn said "This resulted in an updated Mission Statement and three strategies which will be worked on over the four year period 2019 to 2023.

**Eventide Homes (Stawell) aspire to provide premium, stimulating and innovative lifestyle and choice.**

Our revised Mission statement sets the direction for all the Board's actions and the actions and attitude of staff as they assist our residents each day." From this mission statement we have developed three Key Strategies which will direct our actions.

**Strategy 1 - Innovative services supporting lifestyle**

**Strategy 2 - Buildings for the future**

**Strategy 3 - Culture & teams to drive innovation**

"Bringing us to the community, and the community to us". We would like to encourage community groups to meet at Eventide Homes for some of their monthly meetings and encourage our residents to get out and about in the community

The Eventide Board of Directors have commissioned Architect Darragh O'Brien from EBD to develop a Master Plan for future development which will cater for the future needs of potential residents.

Chair Julie Dunn questioned "Have we got the Strategic Direction right? We hope so. If we are half as successful as the Stawell Community were 60 years ago when Eventide was created, then we will do fine."



Above: Kathy Day, Naomi Goode & Sue Blakey

Left Above: Chair Julie Dunn addressing the audience.

Left Below: Darragh O'Brien presenting the Master Plan

# 'Physiotherapy News'

We would like to welcome new Physiotherapists Simon Kerrigan & Andrew (Andy) Lynch from Guide Healthcare. Simon & Andy understand the unique challenges of implementing, developing and maintaining physiotherapy programs in residential aged care. As Managing Directors of Guide Healthcare their mission is to improve residents pain, mobility and quality of life through empowerment and innovative practice.

Hi All,

You may have seen a few new faces around. We are from Guide Healthcare and are the new allied health provider looking after Eventide Stawell. We are very happy to be here and it's been great meeting many of you already.

We are Physiotherapists with about 10+ years' combined experience working specifically with older people. We have also had Occupational Therapist Elizabeth stay onboard and join Guide Healthcare which I'm sure everyone is very pleased about.

Our goal is to try and increase exercise participation within the home and try to create more group based exercise classes. We will be running some higher level balance, strength and coordination exercise classes and hopefully run a few fun events.

If you have any goals that you want to work towards whether it be; to improve your walking/mobility, increase strength, get out of bed easier, improve your balance, improve pain or treat an injury etc. please feel free to speak to us at any time.

Looking forward to meeting many more of you soon.

*Simon & Andy*



*Above:  
Andy demonstrating strength  
training with Phil Chatfield.*

# 'Appreciation to Stawell Harness Club'

Staff at Eventide Homes are extremely grateful to have received a Community Development Grant from Stawell Harness Racing Club to contribute to the purchase of a new state of the art mobile lifting device 'Raizer Lifter'.

The 'Raizer Lifter' is a mobile lifter that assists with transfers of Residents after a fall. Residents can be transferred from floor level to a seated position with ease and safety. Care and Lifestyle Manager Catherine Potter said "We find the mobile battery-operated device quite simple and easy to assemble, light and effortless to transport, at the same time reasonably comfortable for residents. Staff have been trained to utilize the lifter which is a safe and comfortable option for transfers from floor. Residents dignity is also maintained while this equipment is utilized".

Stawell Harness Racing Club CEO Lisa McIlvride visited Eventide Homes to view the new lifting device and watched a demonstration by staff on the ease of use of the 'Raizer Lifter'. Lisa stated "It is straight forward to assemble and comfortable for residents. Stawell Harness Racing Club are so pleased to help contribute to projects like this around the community".



Pictured Above: Marlene Phelan, Joyce Blachford & Pat Pickering.

Pictured left: Resident Ann Jenkins with daughters Lisa Blight & Jenny Purchase.



## 'Visitor Survey'

We are always looking for further ways to improve our services to our residents and families.

Please fill in our NEW Visitor Survey, it takes only 1-2 minutes to complete and is located at the sign-in book at reception.

*Thank You*



## 'Maggie Beer Foundation'

**Food Services Supervisor Andrea Monaghan enjoys nothing more than producing fresh, nutritious and delicious meals for our residents**

Whilst Andrea may have many years of experience, she is always looking for ways to improve the dining experience for Eventide Homes residents.

When the opportunity arose to attend a Maggie Beer Foundation Workshop in Adelaide, Andrea jumped at the chance. The Maggie Beer Foundation was established in 2014 to improve the food experiences for older Australians, particularly those living within aged care homes. The workshop 'Creating an Appetite for Life' is designed to look at issues faced with creating great food for Aged Care residents.

Maggie Beer personally led the workshop. It was a fantastic experience and was great to discover further aged care specific recipes, menus and dining room management. "The whole program was absolutely amazing" said Andrea. "I can't wait to experiment with some of the new methods of food presentation that we learned".

*Right: Andrea Monaghan with Maggie Beer*



## 'Local Volunteers support Eventide'

**Stawell's Book Worm Gallery presented a cheque to Eventide Homes at our recent Strategic Plan launch.**

On hand to present the cheque, for an amazing total of \$15,000, was Book Worm Gallery manager Cherelle Nicholson who was thrilled for the gallery to be able to make another contribution to Eventide Homes.

CEO Sue Blakey said "We would like to say a huge Thank you to Cherelle and her team of wonderful volunteers who donate their time each week." Since 2007 Book Worm Gallery have donated an amazing sum of \$83,000 to Eventide Homes.



Right:  
Cherelle Nicholson & Sue Blakey

*There is always something happening  
at Eventide Homes*

**'Christmas Street Parade  
& Carols by Candlelight'**



A banner made during visits from local schools



Staff leading the way in the parade



Catherine Potter & Phillip Bowater



Carmel Conway, Kaye Matthews & Carmel O'Callaghan



Family & friends joined us for the parade



BOG Chair Julie Dunn

*There is always something happening  
at Eventide Homes*

## **'Hostel Christmas Party'**



David & Edna Osborne



Phil Chatfield



Ruth Howard



Katie Roberts & Margie Seary



Cliff Mayberry



Alby Donald

*There is always something happening  
at Eventide Homes*

# *'Valentine's Day Ball'*



Carmel O'Callaghan & Rosine Weir



Phillip Bowater & Robert Cresswell



Grace Rethus & Lorna Keller



Carmel, Carmel & Carmel



Wendy Dumesny & Sylvia Cope



Shirley Rae & Rachel Coverdale

*There is always something happening  
at Eventide Homes*

## *'A day at Stawell Races'*



Winners of Race 2 - Eventide Homes Handicap



George Young selecting a horse



Phillip Bowater cheering on his horse



Pam Morris & Phillip Bowater



Ann Acreman & Sharyn Milley



Viewing the Mounting Yard

# *'Leap Year Wordsearch'*

L P S E U D O C O D E J Z I  
T N E I L E A P I N G I K O  
C U G N A O G S U I L U J M  
C O P T I C V P A E L S T A  
S E T E T G C H I N E E B R  
N C J R P R O P O S E V D R  
O I A C S E N E G I S O S I  
I M L A C I M O N O R T S A  
T A H L R X O N I U Q E L G  
I L E A A K L O F D W P K E  
D S Q T E S E A S O N A L K  
A I G I Y E T H I O P I A N  
R A D N E L A C R O M A N G  
T N A G Q B E N G A L I Z A

Leap Year  
Sosigenes  
Seasonal  
Pseudocode  
Ethiopian  
Equinox  
Propose

Calendar  
Roman  
Intercalating  
Bengali  
Chine  
Folk  
Marriage

Julius  
Astronomical  
Leaping  
Coptic  
Islamic  
Traditions

# 'Community News'

## Walking Group

An easy walking group available to everyone and everybody!

**DATES:** Every Wednesday during the school term  
Leaving from the Stawell Neighbourhood House

**TIME:** 9.30am  
**COST:** FREE

## Tai Chi

Improve mobility and alertness

**DATES:** Every Tuesday during the school term  
Stawell Neighbourhood House

**TIME:** 10.00am-11.00am  
**COST:** \$2.00

## Line Dancing for Beginners

Learn the basics of Line Dancing

**DATES:** Tuesday

**TIME:** 5.00pm-6.00pm

**DATES:** Thursday

**TIME:** 9.00am-10.00am

Senior Citizens Centre, Cato Park

## Sewing Group

A place to learn or share sewing and other handcrafts

**DATES:** Monday's & Friday's  
Stawell Neighbourhood House

**TIME:** 2.00pm-4.00pm  
**COST:** FREE

## Crochet Group

Learn the basics or explore more technical aspects of crochet

**DATES:** Wednesday  
Stawell Neighbourhood House

**TIME:** 2.00pm-4.00pm  
**COST:** FREE

## Stawell Biarri Group for Genealogy

Retrace your family history

**DATES:** Wednesday  
Stawell Library

**TIME:** 2.00pm-4.00pm



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