

*A Great Place to Live*



## 'EVENTIDINGS'

Issue No 020

AUTUMN 2019

### *Welcome to the Autumn issue of 'Eventidings'*

**Gee, Aged Care is certainly in the news with the Royal Commission into Aged Care Quality and Safety hearings commencing last week.**

Eventide has made a submission to the Royal Commission and I would like to assure you all that here at Eventide we are fully supportive of this Royal Commission process. I invite you to contact me directly at any time if you have any particular concerns you wish to discuss.

All of our dedicated staff strive to provide a safe, high quality service to our residents and the ageing community, and we welcome any suggestions for improvement.

On the planning for the future side, the Masterplan for the Hostel Upgrade and Plantation Stage 2 is nearing completion. I thank everyone who has provided input into this process.

Three Board Directors, Joanne and I are attending the LASA Tri State Conference in Albury, where I am sure we will pick up some good tips. Veronica Jamison, LASA State Manager VIC/TAS and Paul Murphy, LASA's Principal Advisor for Retirement Living and Seniors Housing called in last week for a coffee and a catch up which was lovely.

The New Work Mindset Project of which we are a Consortium Partner is being launched next week in Warrnambool. The project is a collaboration between Foundation for Young Australians (FYA), South West Institute of TAFE, Lyndoch Living, Western District Health Service and Eventide Homes. We look forward to the launch which will showcase insights from the project, detailing how we can best support current and future workers to navigate their careers and how we can support students and our workforce to build the skills and mindset to navigate and thrive in this ever-changing environment of Aged Care.

I thank our staff for their input into this project. We are soon to submit our three-yearly application for re- accreditation which is due by August this year.

Life is never dull around here, already the year is going so quickly, it has just been Christmas and now Easter is around the corner.



**Sue Blakey**  
**Chief Executive Officer**

# HOSTEL DIARY DATES

## **Thursday 7<sup>th</sup> March**

Christine & Neil  
2.00pm - Glyn Cashin Hall

## **Sunday 10<sup>th</sup> March**

Variety Hour with Judith Mc Grath  
2.00pm - Glyn Cashin Hall

## **Wednesday 13<sup>th</sup> March**

The Compton Sisters  
2.00pm - Glyn Cashin Hall

## **Thursday 14<sup>th</sup> & Friday 15<sup>th</sup> March**

Moyston Sheep Dog Trials  
Time to be confirmed

## **Tuesday 9<sup>th</sup> April**

Hostel BBQ Lunch  
12.00pm – Bill Crow Courtyard

## **Wednesday 10<sup>th</sup> April**

Hostel BBQ Lunch  
12.00pm – Bill Crow Courtyard

## **Thursday 18<sup>th</sup> April**

Easter Fun  
2.00pm - Glyn Cashin Hall

## **Wednesday 24<sup>th</sup> April**

Anzac Day Service  
2.00pm - Glyn Cashin Hall

## **Friday 10<sup>th</sup> May**

Mother's Day Afternoon Tea  
2.00pm – Glyn Cashin Hall

## *'What's happening around the traps'*

Activities are back into full swing for 2019.

Residents have enjoyed performances from The Compton Sisters, The Two Allan's, Bonnie Mellor, Bob Fry and Sandra & Leo. These concerts are always much looked forward to events. The Summer heat did not deter the 'Ladies only' outing to the Pomonal Estate where they enjoyed coffee and cake.

In the lead up to Christmas residents enjoyed making Christmas Wreaths in Craft sessions with South West Tafe students studying Aged Care at Eventide Homes.

Residents, Staff and Volunteers also participated in the annual Stawell Christmas Street Parade.

Leisure & Lifestyle staff and Residents are eagerly planning a Sports Theme calendar for 2020. This is such a fun activity, and the photo shoot is a blast.

We are currently putting plans in place to enhance our residents dining experience across breakfast, lunch and tea. We are looking at a system of more choice for you. Choice of meal from the Bain Marie and choice from a 'breakfast bar' for condiments, salads, drinks etc., all of which you can help yourself to. If you are unable to help yourself, a staff member will still be available to serve you at your table.

We will extend the meal service hours and you can choose to come to the dining room at any time during these hours.

- Breakfast will be 7am to 9.30am
- Lunch will be 12pm to 1.30pm
- Dinner yet to be determined

For Dinner we are giving consideration to 2 choices of soup and 3 choices of salad.

Seating configuration will change as we are looking at purchasing 4-seater tables and 2 x 6-seater tables and keeping our current chairs for now. We will remove the name tags on the tables, so you have the choice of which dining room and table to sit at, and who you would like to sit with. You can swap around daily if you wish to do so.

We welcome new Staff Members; Troy Gorman, Rikki Kilner, Debbie Munro, Karen Phillips and Nicole Whitfield to Eventide Homes and we look forward to working alongside you all.

# *Stawell Historical Society 'Living History' Project*

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**As part of the Stawell Historical Society's Museum Accreditation process, the Society must submit to Museums Australia's projects which are to be included in its Museum display, the projects are to be innovative and depict the history of Stawell.**

The Stawell Historical Society decided that to achieve these conditions it would establish a "Living History" video which would include interviews with the elderly residents of Stawell talking about what it was like living in Stawell in the old days. The Historical Society also decided to make it a community project and invited some residents from the Eventide Homes to tell of their memories and Society also invited students from the Stawell Secondary College to interview the Eventide residents. Both the Eventide and the Secondary College were eager to assist. Seven residents agreed to participate Mrs. Ann Jenkins, Mrs. June McClure, her sister Mrs. Val Potter, Mrs. Goodson, Mr. Geoff Air, and Mr. Allan Fry who has recently passed away. Mrs. Joyce Dowsett, is another Stawell identity who volunteered to be interviewed.

Three students from the Secondary College volunteered to be the interviewers Liam Stewart, Sophie McKenzie and Isobel Skene, whom were all year eleven students at this time.

The students asked the residents questions mainly, what it is was like living in Stawell when they were their age, approximately seventy years ago. Some of the responses that the residents gave truly amazed the students, especially questions relating to entertainment, food rationing and after school activities.

The video is currently on display at the Society's Museum and is shown on a rolling basis. If any Stawell resident is interested in having a look at the video, simply visit the Stawell Historical Museum, which is located in Longfield Street in the Old Court House building. The Museum is open Wednesdays and Thursdays between the hours of 10.00am and 4.00pm.

The museum is definitely worth a visit by Stawell residents, you will be pleasantly surprised what you will see!



*Below: Stawell Historical Society*



*Above: Stawell Secondary College student Sophie McKenzie interviewing Eventide Homes resident Ann Jenkins.*

# Staff Profile

## Joanne Cross Corporate Services Manger

Each newsletter edition we will be introducing you to one of the many brilliant staff members we have working at Eventide Homes.

There are a broad range of roles across the organisation and every staff member does an amazing job.

This edition we meet Joanne Cross. Joanne has been working at Eventide Homes for over eight years.

A local - Joanne was born in Stawell and attended Stawell Secondary College, before commencing employment in an administrative role at a local accountant. After marrying and commencing a family Joanne resigned from this position due to Maternity leave not being introduced. Joanne had various administration positions whilst raising her growing family.



Joanne left Motorway Tyres after 7 years (just before Motorway closed) to commence employment at Eventide Homes managing the Corporate functions of Eventide Homes, basically anything that is not clinical or OHS.

During this time Joanne also completed a Certificate III in Business Administration and attained a Diploma in Resources Management.

*“I love coming to work each day”*



*Above: Joanne with Corporate Services Assistant, Sarah Morris.*

Joanne loves all aspects of working at Eventide, except undertaking disciplinary action.

Leisure time outside of work Joanne enjoys spending time with her three children and five grandchildren, even if five at once is a bit of a handful Joanne adds with a chuckle.

# Leading Aged Services Australia

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Eventide Homes continue to support the community with the provision of both residential care and retirement living accommodation.

In the near future, Eventide will complete the development of a new master plan that will see us extend our retirement living offering and update the hostel. LASA (Leading Aged Services Australia) were thrilled to hear about these plans which will continue Eventide's tradition of supporting its community.

Stawell as a town is going through a rebirth with lots of jobs being bought to the region, so it's clear that Eventide have a bright future ahead.

*Pictured right: Sue Blakey CEO of Eventide Homes with Veronica Jamison, LASA State Manager VIC/TAS and Paul Murphy, LASA's Principal Advisor for Retirement Living and Seniors Housing.*



## Respite Care at Eventide

**Are you considering moving into permanent care or respite care at Eventide Homes?**

As you grow older, you may find that you need more help with day-to-day tasks or health care. If you are living on your own and not able to get out and about as easily as you used to, you may also want some extra company. Sometimes, the best way to receive help and support can be by living in our home either on a permanent basis or for a short stay (called 'residential respite').

Eventide Homes provides a range of care and services depending on your needs. You can access residential respite for up to nine weeks (63 days) each financial year. You can extend this time in lots of 21 days by contacting your local ACAT.

More detailed information is available on the:

"My Aged Care" Website

[www.myagedcare.gov.au](http://www.myagedcare.gov.au)



*Above: Norma happily showing her family members around Eventide during her recent 'Residential Respite' stay at Eventide Homes. Norma pictured with her son Stephen, daughter Linda and great grandson Rex.*

# *Volunteering at Eventide Homes*

**Volunteers provide social support and interaction to enable Eventide residents to stay engaged or reconnect with their personal interests.**

These include:

- companionship and social support
- one-on-one visits
- outings such as movies, local zoo etc
- lunch groups
- pet visits
- special interest groups such as gardening & computer skills

Volunteering should be mutually beneficial – we'll do our best to find a role that best suits your interests, your skills and your time. Some roles are more flexible than others. There are many possibilities ranging from a weekly commitment to more periodic visits for special events.

Above all, it's a chance to make a real difference! As a not-for-profit organisation, Eventide welcomes the involvement of volunteers from the community.

**If you would like to find out more about becoming a volunteer at Eventide Homes, please contact our Volunteer Co-Ordinator Rebecca on (03)53582027.**



*Above: Volunteer Lorraine heading out to lunch with Margie.*

*Below: Pam enjoying regular visits to the Halls Gap Zoo all thanks to our wonderful volunteers.*



## *Currently for Sale*

**On site at Eventide Homes, this stylish modern two bedroom unit is for those who would like independent living accommodation with the benefits of living in an active seniors' community.**

With a full boundary fence for privacy and security, a carport and private outdoor area. This unit features quality fittings and appliances, refrigerated air-conditioning, central heating and fittings to assist with mobility.

Accommodation is based on a licence agreement and a weekly service/maintenance fee is charged. Residents are also responsible for paying municipal rates, household contents insurance and utilities.

**For further information please contact Eventide Homes on (03) 53582027.**



There is always something happening  
*at Eventide Homes*

# *Christmas Celebrations*



BOG Chair Julie Dunn



Eventide Homes joins the Christmas Parade



Cliff



Pat



Mavis



Christmas Cheers Alan



Jennifer & Dorothy

There is always something happening  
*at Eventide Homes*

# Valentine's Ball



Elaine & Jean



Ruth & Shirley



Sheila & Ruth



Grace & Jennifer



Pam & Neil



Edna & David



Sylvia & Rachel

There is always something happening  
*at Eventide Homes*

# Concerts Galore



Marg & Barb



Sandra & Leo



Bonnie Mellor



Beryl Woodford with her  
talented granddaughters  
'The Compton Sisters'



The Compton Sisters



Dorothy & Leo



Ken & Sandra

# Retirement Village News

## RETIREMENT VILLAGE DIARY DATES

### Friday 15<sup>th</sup> March

Bus Trip  
Halls Gap

### Friday 19<sup>th</sup> April

Bus Trip  
Halls Gap Zoo  
\$30 entry

### Friday 17<sup>th</sup> May

Bus Trip  
Mother's Day Lunch  
Magdala Restaurant

Bus Trips have resumed for 2019 with Retirement Village residents enjoying a visit to Brambuk Cultural Centre in Halls Gap. A very enjoyable and informative day was had by all that joined this excursion.



Destinations for the coming months Bus Trips look pretty exciting. Further details with times etc. will be posted on the noticeboard in the Kingston Community Centre prior to each outing. Pass on any suggestions you may have for future Bus Trips to your friendly Bus Drivers Ted and Carmel.



Lyn & Richard



Ted & Carmel



Lynne & Marg



Fay & Jill



Kath & Harold

*Retirement Village residents enjoyed a Christmas catch-up with fellow neighbours.*

# 1970's Television Shows Word Search

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E U C C N A D Y N B H T P T S T P Y S I  
N M I H T E T A E O A A H B R R A O R D  
N S I U A S I W L O L E E S E A N U O R  
C O R T A R I G B L B V K B W M P N T E  
O B S N T T L E H R A N Z K O S X G C A  
U Y Y D C N V I A B A S A V T T A A O M  
N D C H N O E D E L O Y J A Y E Q N D O  
T J E U L A Y L B S B U I Y T G S D G F  
D D E E L B R Y A C A R R Y L L K T N G  
O S H Q U S T E C T S N Q S U G I H U E  
W T X N K E E S H D G T G J A K P E O N  
N C C O K H X R O T N N X E F X P R Y I  
H H J N B I O W E U O H U P L C Y E E E  
H A A T U X N Y U H V M U O R S Y S H S  
K L G E Z S B O N A N Z A C Y X X T T U  
B S R E T H G U A D D N A S N O S L Z I  
Q S N A V I L L U S E H T X V S Z E U T  
I J I B W O N D E R W O M A N Z H S A M  
X R Z S Y A D Y P P A H E T I Q A S I N  
S D A Y S O F O U R L I V E S Q K C T O

BEWITCHED

CHARLIES ANGELS

DAYS OF OUR LIVES

GET SMART

I DREAM OF GENIE

MOTHER AND SON

SONS AND DAUGHTERS

THE SULLIVANS

WONDER WOMAN

BLANKETY BLANKS

COUNT DOWN

DYNASTY

HAPPY DAYS

KOJAK

NEIGHBOURS

THE BRADY BUNCH

THE YOUNG DOCTORS

YOUNG AND THE RESTLESS

BONANZA

DALLAS

FAULTY TOWERS

HERES LUCY

MASH

SKIPPY

THE LOVE BOAT

UPSTAIRS DOWNSTAIRS

YOUNG TALENT TIME

# Community News

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Stawell Neighbourhood House have some exciting new activities They offer a variety of programs and activities tailored to our community needs.

## Walking Group

An easy walking group available to everyone and everybody!

Come along, get fit and join us for some much-needed rehydration afterwards

DATES: Every Wednesday during the school term

Leaving from the Stawell Neighbourhood House TIMES: 9.30am

COST: FREE

## Tai Chi

Promoting harmony in mind & body suppleness, improved mobility and mental alertness, join local Tai Chi instructor Karen Dudley for an hour-long session of tranquil, calm and gentle movement.

DATES: Tuesdays

TIMES: 10am until 11am

COST: \$2 Per Person Per Session

## Crochet Group - "Chain Gang"

Learn the basics or explore more technical aspects of crochet.

Learn new stitches, how to follow patterns and create interesting group projects

DATE: Wednesdays during School Term TIME: 2pm - 4pm

COST: Gold Coin

## Fibre Friends

If you're into crocheting, knitting, spinning, weaving, felting or embroidery this social event is for you! Share your skills and learn from others while you work on your own projects with other like-minded people.

DATE: 2nd & 4th Tuesday of each month TIME: 11am until 3pm

COST: Gold Coin

**If you require further information regarding activities at Stawell Neighbourhood House please call (03) 5358 350**



111 Patrick Street  
PO Box 169  
STAWELL VIC 3380  
Phone: (03) 5358 2027  
Email: [administration@eventidehomes.com.au](mailto:administration@eventidehomes.com.au)  
Web: [www.eventidehomes.com.au](http://www.eventidehomes.com.au)

