

A Great Place to Live



'EVENTIDINGS'

Issue No 019

SUMMER 2018/2019

Welcome to the Summer issue of 'Eventidings'

Well, what a big year it has been in Aged Care.

With the Four Corners Programs, the Royal Commission into Aged Care being announced, and the introduction of the new Accreditation standards due to be implemented July 1st, next year, I can't see any relaxing times ahead.

We are due for accreditation mid 2019, so have both set of Accreditation standards on the go. We may be accredited prior to end June, 2019 so will be audited on the old standards. If we are audited after July 1st it will be with the new standards. Not good timing to say the least.

We are currently updating our Masterplan and Darragh O'Brien (Architect) has provided preliminary plans which are available for inspection.

We encourage you all to become involved in updating our Masterplan and our vision for the future. The link is: <https://e-b-d-pl.wixsite.com/eventide-homes>

We have recently refurbished No. 16 Plantation Drive which is currently For Sale. If anyone is interested in buying a house at The Plantation please contact me.

We have been busy visiting other Aged Care Facilities and just recently we went to Mercy House in Ballarat and Lyndoch Living in Warrnambool. It is always nice to get fresh ideas and check out what other operators are doing.

As Christmas approaches I hope you have all completed your Christmas Shopping. Gee doesn't it come around quick.

I wish you all a safe and merry Christmas & a Happy New Year.

Sue Blakey
Chief Executive Officer

Eventide Homes once again participated in The Stawell Christmas Tree Competition. Residents were thrilled to receive Highly Commended for their Christmas Mantle Entry.



HOSTEL DIARY DATES

Friday 7th December

Warne House Christmas Party
12.00 Noon - Warne House

Thursday 13th December

Christine & Neil
2.00pm - Glyn Cashin Hall

Friday 14th December

Mum's & Bub's Session with Santa
10.00am - Bill Crow Courtyard

Stawell Biz Christmas Street Parade
5.30pm - Meet at Reception

Tuesday 18th December

Carols by Candlelight
6.30pm - Glyn Cashin Hall

Wednesday 19th December

Hostel Christmas Dinner
12.00 Noon - Dining Room

Christmas Lights Tour
8.30pm - Meet at Front Reception

Thursday 20th December

Christmas Lights Tour
8.30pm - Meet at Front Reception

Tuesday 25th December

Christmas Day Lunch
12.00 Noon - Dining Room

What's happening around the traps

Eventide Homes are once again participating with an entry in this years' 'Christmas Street Parade'. We encourage and welcome interested residents, both Hostel & Retirement Village to come along and join in the fun and walk with us in the street parade. If you are interested in attending this event, Please leave your name and contact number at Eventide Homes Reception.

The Hostel has seen a great deal of interior changes over the last few months, with plaster walls continuing throughout, new curtains for Glyn Cashin Hall, McGregor & Cashin Lounges, and new furniture to arrive any day for these areas.

We have several new Staff Members:
We would like to welcome both Skye Williams to the Personal Care Worker team and also welcoming back Jill Deneys return to this team at Eventide. In Food Services we would like to welcome Ebony Ryan & Jacqueline Van Miltenburg.

We also have a number of staff members currently completing further training whilst working at Eventide Homes. We understand what a big commitment it is to study and remain working. Congratulations to Lauren Cooper for completing her Bachelor of Nursing studies and is now a Registered Nurse. Well done Lauren!

Resident Rod Tonkin recently felt compelled to share the verse below to the youth of Stawell. Rod fondly remembers his own School Principal reading this verse to him when he was around 12 years of age and he has never forgotten the meaningful verse and the message within it.

*You who are young
It is you, it is you
Who must make the dreams
Of the world, come true
So plan and practice, plan and do
And you will find at last, that a
dream or two
Has come out of the mist and dark,
come true.*

64th Annual General Meeting for Eventide

Eventide Homes recently held our 64th Annual General Meeting at the Glyn Cashin Hall.

The meeting was well attended by residents, families, staff, volunteers, health service stakeholders and members of the local community. Attendees were provided with copies of the 2017/2018 Annual Report for Eventide Homes. Local performer, Bonnie Mellor harmoniously led the audience to our National Anthem.

Mrs Julie Dunn, Board Chair of Eventide Homes provided an outline of the performance of Eventide over the past twelve months and spoke of a range of improvements to the facility, as well as providing an update on some of the exciting new plans Eventide is currently undertaking, including the \$3.6 million upgrade planned for the hostel.

The guest speaker was Mr Robert Illig, who gave a heartfelt biography of his father's experience as an Australian soldier during World War II. An amazing story, that left more than a few members of the audience with a tear in their eye.

The Board of Governance announced Mrs Julie Dunn as Eventide's latest Life Governor, acknowledging her commitment to Eventide as a Director on the Board of Governance over the past ten years. The meeting concluded with the Presentation of Service Recognition Awards for Staff and Volunteers.



The Journey of a Shoebox

The Worlds largest Christmas Project of its kind. Operation Christmas Child uses gift filled shoeboxes and distributes them to children in need around the world.

Eventide Homes residents have participated in this project over the past years. This year residents once again lovingly packed shoeboxes with knitted toys that they have personally made, as well as much needed educational & hygiene items.

Right: Sharon making the final touches to Eventide residents shoeboxes.

Far Right: Photo courtesy of Samaritan's Purse.



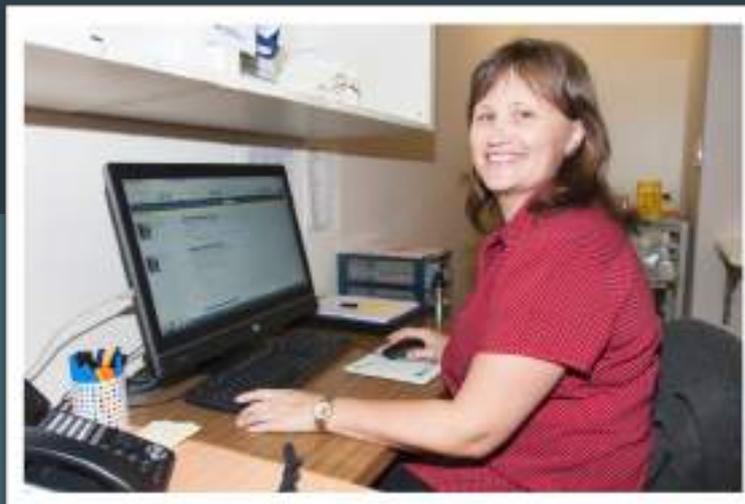
Staff Profile

Jane Graversgaard Registered Nurse

Each newsletter edition we will be introducing you to one of the many brilliant staff members we have working at Eventide Homes. There are a broad range of roles across the organisation and every staff member does an amazing job.

This edition we meet Jane Graversgaard. Jane has been working at Eventide Homes for eight years as a Registered Nurse.

A local girl, Jane was born in Stawell and grew up in the farming district of Marnoo where she first attended the Marnoo Primary School then the Stawell Secondary College. Soon after, Jane moved to Bendigo to attain a Bachelor of Nursing degree at Latrobe University. Management and Auditing, Infection Control and Diabetes Management.



Jane has worked in Aged Care Management, and completed further studies nursing skills in Gerontology & Human Resources before returning home to Stawell to work as a Registered Nurse here at Eventide Homes. Jane's work duties involve assisting with weekly Doctor Consultations, liaising with Doctors, Pharmacists and relatives, Medication Management and Auditing, Infection Control and Diabetes Management.

"The most rewarding aspect of my position is being able to assist residents to maintain a great quality of life while residing at Eventide Homes"

When Jane is not working, she loves socialising with family and friends, Camping and Caravanning, and most importantly creating beautiful memories with her children and family.



Above: Jane with Eventide resident Carmel.

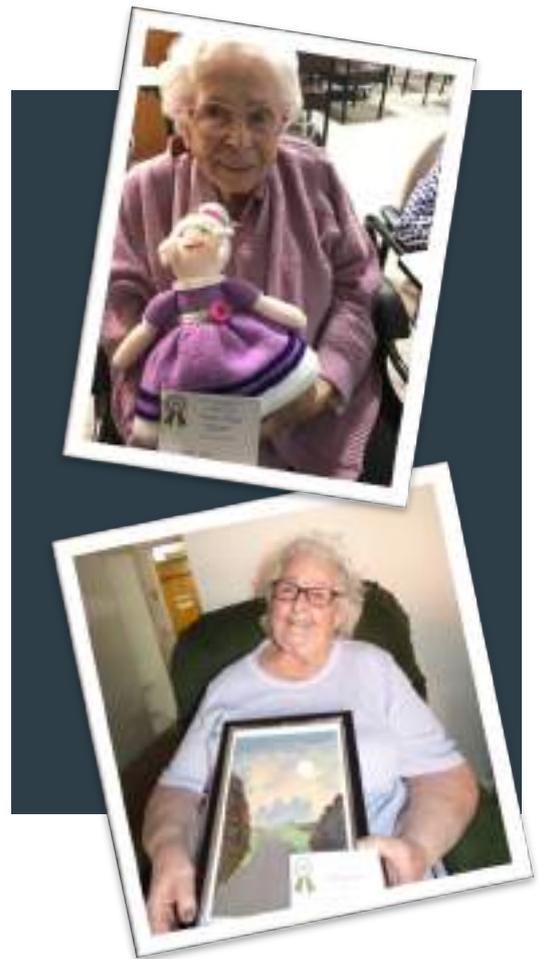
Winners at Stawell Agricultural Show

Eventide Homes residents Edith Kerr and Ann Jenkins were thrilled to receive winning prizes for their entries in this year's Stawell Agriculture Show.

A lifetime of enjoying crafts of all variety, Edith completed three knitted toy dolls and entered the unique pieces in the Knitting Category, and was elated to find that two out of the three were awarded prizes.

Ann entered two paintings and received a First & Second prize in the Art Section. Painting is a new hobby for Ann. Ann partakes in the monthly Art Classes offered at Eventide Homes and has proven to have a real flair with the brush.

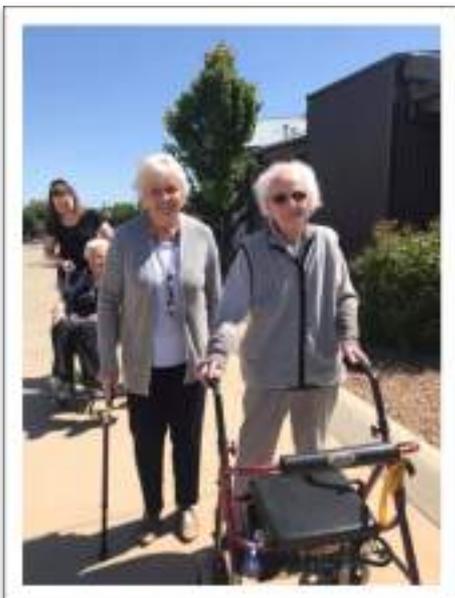
Leisure & Lifestyle Co-ordinator Grace Rethus said the residents look forward to the Stawell Agriculture Show each year and start on projects early in the year.



Enjoying the Spring Sunshine

South West Tafe students studying on site at Eventide Homes have recommenced weekly resident walking sessions.

Residents look forward to these outings very much each week and have been enjoying chatting with the students whilst admiring the Spring gardens.



Art Exhibition

Residents recently displayed their amazing Artwork for family and friends at our very first 'Eventide Homes Art Exhibition'. The event was planned to celebrate the launch of Christmas Cards printed from Eventide residents' unique artwork.

The Art Exhibition showcased the works that had been completed throughout the year during Art Classes. The classes which run monthly give residents an opportunity to express their creativity under instruction by volunteers from the 'Pomonal Mixed Bunch Art Group'.

Art Classes commenced here at Eventide in 2014. At first, Leisure & Lifestyle Co-Ordinator Grace Rethus had trouble rounding up more than a couple of participants and now five years on, monthly classes are full of eager residents whom are ready and waiting to start well before booked times. The classes not only give the residents a chance to display their creativity, but also time to enjoy socialising with members of the community and fellow residents.

It was clear from the magnificent artwork on display that we have quite a few residents who have a natural flair for painting. A special mention to the volunteers from the Pomonal Mixed bunch Art Group for all of the joy you bring to Eventide Homes Residents.

Christmas Cards are available for purchase from the Eventide Homes Reception.

Gift Pack 8 x Cards \$10.00. Complete Collection 12 x Cards \$15.00.



Artists proudly display their Artwork



There is always something happening
at Eventide Homes

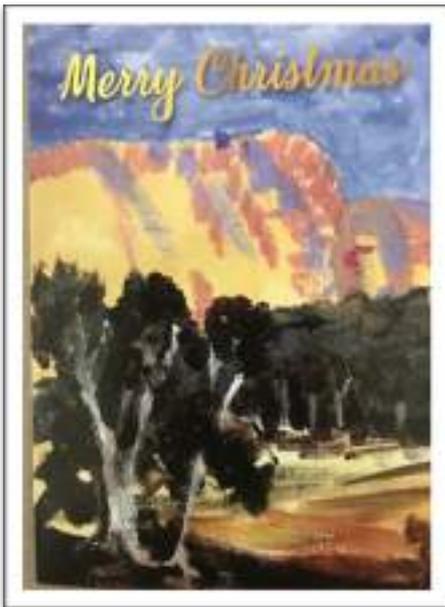
Art Classes & Art Exhibition



Volunteer Artists instruct the classes



Artists at Work



Christmas Cards
available for purchase at
Eventide Reception



Champagne & Canapes



Warne House Art Work

There is always something happening
at Eventide Homes

Spring Time Ball



Dorothy & Rosine



Carmel playing up a storm



Rosine & Edith



Julie & Marie



Grace & Shirley



Lorna & Karen



Elaine & Sylvia

There is always something happening
at Eventide Homes

Oaks Day Celebrations



Carmel & Dorothy



Jean & Kim



Jennifer



Carmel & Grace



Carmel



A great view of the races!



David & Edna

Australian Christmas Quiz

(Answers on the next page)

1. Because of Cyclone Tracy on Christmas Eve 1974, Santa never made it to which Australian city?

- a) Brisbane
- b) Sydney
- c) Darwin
- d) Townsville

2. Who sang an Australian Christmas song about six white boomers?

- a) Slim Dusty
- b) Lee Kernaghan
- c) Col Joyce
- d) Rolf Harris

3. What Australian Christmas tradition began in Melbourne in 1938?

- a) Carols by Candlelight
- b) Christmas Carol Competition
- c) Christmas Barbecue
- d) Decorating Gum Trees for Christmas

4. Which sporting event begins on Boxing day (the day after Christmas) in Sydney?

- a) Sydney Marathon
- b) Christmas Boomerang Championships
- c) Boxing Day Test Match
- d) Sydney to Hobart Yacht Race

5. Australia's Christmas Island has an amazing annual migration of which creature?

- a) Pelicans
- b) Crabs
- c) Small Fairy Penguins
- d) Crayfish

6. In which Australian City is the traditional Boxing Day cricket test match held?

- a) Sydney
- b) Melbourne
- c) Brisbane
- d) Adelaide

7. If you decorated your house with some Ceratopetalum Gummiferum - what would you use?

- a) Christmas Bush
- b) Gum Tree Branches
- c) Christmas Bells
- d) Wattle

8. In the Australian version of "Jingle Bells" what mode of transport is used instead of the one horse open sleigh?

- a) An old bush horse
- b) A rusty Holden ute
- c) A worn out Ford
- d) A beat up old truck

9. Pavlova is a popular Christmas dessert in Australia. What is the basic ingredient of a pavlova?

- a) Flour
- b) Egg Whites
- c) Banana
- d) Jelly

10. White Christmas is also popular and traditionally Australian - what is it?

- a) A specially decorated white tree
- b) A Christmas confectionary
- c) A snow covered Christmas scene
- d) A festive Christmas drink

RETIREMENT VILLAGE DIARY DATES

Thursday 20th December

Christmas Dinner for Eventide Units,
Cottages & Plantation residents
6.30pm – Eventide Homes
Dining Room

Tuesday 25th December

Christmas Day

Retirement Village News

Residents enjoyed joining the Stawell community in welcoming former Essendon player and Melbourne Coach - Neale Danniher and the Danniher Drive convoy in their bid to spread awareness about Motor Neurone Disease.



A fantastic day out and about
aboard the Eventide Bus!



Bus Trips have continued to be a hit with our Retirement Village residents, with a couple of trips to Ballarat and Halls Gap over the past months. These excursions are allowing residents to visit places that they are unable to travel to by themselves.

Bus Trips will resume in February 2019

Australian Christmas Quiz Answers

- | | | | | |
|------|------|------|------|-------|
| 1. c | 2. d | 3. a | 4. d | 5. b |
| 6. b | 7. a | 8. b | 9. b | 10. b |

Volunteering at Eventide Homes

Did you know that we have volunteers who visit weekly for pamper sessions with Eventide residents?

The pamper sessions include Nail Painting and Hand massage all whilst enjoying a chat with our fascinating residents.

Volunteer Indigo Whiting visits weekly, and residents not only look forward to the Pamper session, but thoroughly enjoy the one-on-one chats.

"I really enjoy spending time at Eventide, as I know the residents love interacting with people from different age groups, just as much as I do. I find it very rewarding seeing the residents so happy when I'm there, and I hope it brightens their day a little, just as it does mine."

Indigo Whiting

Young volunteers Savannah & McKenzie are always welcomed with a smile with their visits on weekends to pamper the residents with Hand Massages.

If you would like to find out more about becoming a volunteer at Eventide Homes, please contact our Volunteer Co-ordinator on (03) 53582027.



*Eventide Homes Board of Directors,
Executive, Staff & Volunteers
would like to wish you a
Merry Christmas and a Happy New Year*